

# TASTE CAN CHANGE OUTCOMES SHOULDN'T



Fortimel Compact Protein Sensations is a food for special medical purposes for the dietary management of disease related malnutrition. Must be used under medical supervision. Our SENSATIONS range is made of specially designed flavours for patients with taste alterations. They provide a cool or warm taste sensation in the mouth.

- Up to 70% of cancer patients experience taste changes during treatment.<sup>1</sup>
- Sensory alterations have a negative impact on nutritional status and lead to increased weight loss.<sup>2</sup>
- Taste changes can contribute to malnutrition, an important predictor of morbidity, mortality, treatment response and toxicity in cancer.<sup>3</sup>

FOR HEALTHCARE PROFESSIONALS ONLY

# INTRODUCING SENSATIONAL FLAVOURS COMPACT PROTEIN RANGE

NUTRICIA LAUNCHES FORTIMEL  
COMPACT PROTEIN SENSATIONS  
INCLUDING **COOL CUCUMBER LIME**  
AND **COOL COCONUT** FLAVOURS, TO  
SUPPORT MALNOURISHED CANCER  
PATIENTS WITH TASTE ALTERATIONS.



Cool Coconut

Cool Cucumber Lime

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# MALNUTRITION & NUTRITIONAL RECOMMENDATIONS

- Due to the impact of cancer and its treatment, it is frequently a challenge for patients undergoing treatment to fulfill their nutritional needs and maintain an adequate nutritional status.<sup>1</sup>
- Patients with cancer can have a negative energy and protein balance because of the combined effects of reduced food intake and metabolic abnormalities and therefore require high energy and protein intakes to compensate for these needs.<sup>1,2</sup>
- The European Society of Clinical Nutrition and Metabolism (ESPEN) and The European Society of Medical Oncology (ESMO) recommend high energy and protein intakes for cancer patients with or at risk of cancer related malnutrition and cachexia.<sup>1,2</sup>

**Energy intakes of 25-30kcal/kg/d**

**Protein intakes of 1-1,5 g/kg/d**

- When food intake through normal diet is insufficient to meet the nutritional needs of cancer patients, oral nutritional supplements can be provided (in conjunction with dietary counselling) to improve nutritional intake.<sup>1,2</sup>

**'ESMO and ESPEN  
recommend  
medical nutrition  
in cancer care'**



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# FULL OF SENSATIONAL SCIENCE<sup>1</sup>

## EXTENDED RANGE

2 additions to the Fortimel Compact Protein range

## LOW VOLUME

- 125ml Low volume
- 18g Protein
- 306 kcal



## SUPPORT AND CARE

Nutritional support tailored to malnourished cancer patients with taste alterations

## SENSATIONAL TASTE PROFILE



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# 4 SENSATIONAL FLAVOURS



Cool Red Fruits

Hot Tropical Ginger

Cool Coconut

Cool Cucumber Lime

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