

# YOUR PATIENTS, THEIR NEEDS, OUR SOLUTIONS

ESPGHAN RECOMMENDS THAT EACH PAEDIATRIC PATIENT SHOULD BE MANAGED BASED ON THEIR OWN INDIVIDUAL SITUATION<sup>1</sup>

The most appropriate **type of nutritional intervention** depends on the child's:







**Clinical** situation



Absorptive and digestive capacity



Oral food intake



Tolerance



Practical feasibility of the type of feeding

Nutritional intervention can take the form of:23



dietary advice and food fortification



oral nutritional supplements



enteral tube feeding



parenteral nutrition

Nutricia offers a range of nutritional solutions tailored to meet your patients' needs requiring enteral nutrition, including both oral supplements and tube feeding options.

### PATIENTS IN NEED OF ORAL NUTRITIONAL SUPPLEMENT

### **ESPGHAN RECOMMENDS USING:**

- An energy density of 1 kcal/ml feed for most children when meeting full nutrient requirements<sup>1</sup>.
- A high energy density of 1.5 kcal/ml feed for children with increased energy requirements<sup>1</sup>.





## 1.0 kcal/ml With fiber for general patient needs





### 1.5 kcal/ml

With fiber for general patient

Fibre free for low residue



With fiber for general patient needs and real food ingredients







N/A





Fortini Mulit Fibre





Fortini+MIX Multi Fibre#

Fortini Smoothie Fortini Creamy



2.4 kcal/ml

N/A



Fortini Compact Multi Fibre

<sup>\*</sup> Infatrini contains fibre mix scGOS/lcFOS (9:1) and HMO 2'-FL.

<sup>#</sup> Fortini+MIX contains a mix of 4 different fibers. ## Energy content can be adjusted to any need.

### PATIENTS IN NEED OF TUBE FEEDING

### ESPGHAN RECOMMENDS USING:

- An energy density of 1 kcal/ml feed for most children when meeting full nutrient requirements <sup>1</sup>.
- A high energy density of 1.5 kcal/ml feed for children with increased energy requirements<sup>1</sup>.
- A low-calorie, low-fat, high-fiber, and micronutrient-replete formula for immobile children with neurological impairment<sup>4</sup>.



### **REFERENCES**

- 1. Braegger C., et al. "Practical approach to paediatric enteral nutrition: a comment by the ESPGHAN committee on nutrition." Journal of pediatric gastroenterology and nutrition 51.1 (2010): 110-122.
- 2. Topical review. Nutritional Support in Children. Nutrition Communications. Nutricia HealthCare (2002).
- 3. Kolaček S., "Enteral nutrition support." (2008): 142-146.
- 4. Romano C., et al. "European Society for Paediatric Gastroenterology, Hepatology and Nutrition guidelines for the evaluation and treatment of gastrointestinal and nutritional complications in children with neurological impairment." Journal of pediatric gastroenterology and nutrition 65.2 (2017): 242-264.

